

| Clt. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|-------------------|---------|---------|---------|------|--------------------------------|---------------------|------------------------|--------|
| COURSE : FJ2- DF1 | | | | | | | | |
| 1 | 08:09,4 | | 3 | 160 | CORBEIL ASCE 91 1 | LIOT Lucie | BOURDIER Justine | 83,78% |
| 2 | 08:19,3 | 00:09,9 | 4 | 161 | NANTES CA 2 | BESNARD Marie-Leila | MAUPOUX Agathe | 82,12% |
| 3 | 08:23,8 | 00:14,4 | 5 | 172 | NANTES CA 1 | PINTOR Leopoldine | GERAUD Helene | 81,39% |
| 4 | 08:31,3 | 00:21,9 | 1 | 173 | PERREUX SN | BENEL Laurene | DEFRANCE Solene | 80,19% |
| 5 | 08:33,3 | 00:23,9 | 2 | 167 | MELUN CN 1 | ROLLIN Juliette | SZYMANEK Manon | 79,88% |
| 6 | 08:42,2 | 00:32,8 | 6 | 168 | MEULAN LES MUREAUX AV / VERSAI | PITTET Aimie | NIVET Maelis | 78,52% |
| COURSE : FJ2- DF2 | | | | | | | | |
| 1 | 08:23,1 | | 04:06,7 | 159 | JOINVILLE AMJ | PACOURET Juliette | AUBRY Ninon | 81,49% |
| 2 | 08:28,0 | 00:04,9 | 04:09,1 | 174 | BASSE SEINE SN 1 | LEBOURG Justine | DUBOUT Amelie | 80,71% |
| 3 | 08:28,3 | 00:05,2 | 04:10,5 | 166 | CHATEAU-GONTIER CN | TURQUAIS Coralie | DOUET Florine | 80,66% |
| 4 | 08:29,5 | 00:06,3 | 04:12,6 | 163 | ROUEN CNA | GASPERINI Victoire | CLAVERIE Louise | 80,48% |
| 5 | 08:38,5 | 00:15,4 | 04:15,6 | 162 | MAISONS MESNIL CERAMM 1 | DAVID Constance | BAUMERT Alizee | 79,07% |
| 6 | 08:44,0 | 00:20,9 | 04:16,6 | 165 | SAINT NAZAIRE OS | RENOU Heloise | ZARROUK Laure-Alia | 78,25% |
| COURSE : HJ2- DF1 | | | | | | | | |
| 1 | 07:09,5 | | 03:31,4 | 190 | JOINVILLE AMJ 1 | LEPREVOST Antonin | DELFAU Hugo | 84,97% |
| 2 | 07:11,2 | 00:01,7 | 03:33,4 | 184 | MEULAN LES MUREAUX AV / ANDRES | BOVE Ivan | GRANDSIRE Leo | 84,64% |
| 3 | 07:21,2 | 00:11,6 | 03:36,1 | 207 | JOINVILLE AMJ 2 | BERBAR-REVOL Yanis | ALBERT Theo | 82,74% |
| 4 | 07:22,3 | 00:12,7 | 03:39,0 | 202 | ROUEN CNA | CATELAIN Pierre | GILLERY Guillaume | 82,53% |
| 5 | 07:37,6 | 00:28,0 | 03:42,0 | 203 | NANTES CA 2 | LIVET Benjamin | GOUSSE Teva | 79,77% |
| 6 | 07:38,5 | 00:29,0 | 03:49,1 | 182 | LE HAVRE SHA | DUTOIT Nicolas | DANIEL Louis | 79,60% |
| COURSE : HJ2- DF2 | | | | | | | | |
| 1 | 07:04,2 | | 03:28,3 | 178 | PORT-MARLY RC / MEULAN LES MUR | GODE Hadrien | LEROY Axel | 86,05% |
| 2 | 07:14,9 | 00:10,7 | 03:33,0 | 196 | MELUN CN / ENGHEN SN 3 | PLANCHEZ Alexandre | RONSMANS DAVRAY Martin | 83,93% |
| 3 | 07:16,2 | 00:12,0 | 03:34,2 | 208 | NANTES CA 1 | BERTRAND Victor | CATTONI William | 83,68% |
| 4 | 07:36,2 | 00:32,0 | 03:44,8 | 185 | PORT-MARLY RC 1 | LOISON Arthur | BOUDET Romain | 80,02% |
| 5 | 07:39,1 | 00:34,9 | 03:47,4 | 191 | PERREUX SN | ELOUARDI Marwane | GUZIAK Adrien | 79,51% |
| 6 | 07:42,4 | 00:38,2 | 03:42,1 | 183 | LAVAL CN AVIRON 1 | LATOURNERIE Tanguy | BARBE Romain | 78,94% |

| Clt. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|-------------------|---------|---------|---------|------|-------------------------|---------------------------|----|--------|
| COURSE : FJ1X DF1 | | | | | | | | |
| 1 | 08:30,8 | | 04:15,4 | 235 | LE HAVRE SHA | BAILLEUL Margaux | | 82,81% |
| 2 | 08:38,1 | 00:07,3 | 04:17,6 | 229 | LE HAVRE SHA | TORRE Jade | | 81,65% |
| 3 | 08:42,7 | 00:11,9 | 04:21,1 | 219 | SAUMUR SN 1 | CHAUVEAU Penelope | | 80,92% |
| 4 | 08:54,6 | 00:23,8 | 04:23,6 | 237 | LAGNY SN | LESUR Alix | | 79,13% |
| 5 | 08:55,9 | 00:25,1 | 04:26,2 | 241 | ROUEN CNA 3 | BELHACHEMI Iza | | 78,93% |
| 6 | 09:13,4 | 00:42,6 | 04:27,8 | 214 | GOUET AC | BENSLIMANE Claire | | 76,43% |
| COURSE : FJ1X DF2 | | | | | | | | |
| 1 | 08:23,1 | | 04:08,2 | 212 | ANGERS NA 1 | BAHAIN Claire | | 84,08% |
| 2 | 08:25,3 | 00:02,2 | 04:05,4 | 218 | ROUEN CNA 1 | DHAOUADI Selma | | 83,71% |
| 3 | 08:41,7 | 00:18,6 | 04:13,4 | 224 | ROUEN CNA 2 | LOISEL Camille | | 81,08% |
| 4 | 08:51,7 | 00:28,6 | 04:21,3 | 230 | CORBEIL ASCE 91 1 | LE MOAL Valentine | | 79,55% |
| 5 | 08:59,3 | 00:36,2 | 04:24,5 | 213 | BELBEUF CN 1 | CHATELET Fanny | | 78,44% |
| 6 | 09:18,1 | 00:55,0 | 04:34,2 | 236 | CORBEIL ASCE 91 2 | BOISRIVEAU Agathe | | 75,79% |
| COURSE : HJ1X DF1 | | | | | | | | |
| 1 | 07:33,2 | | 03:40,8 | 43 | ENGHIEN SN 1 | COUSIN Thomas | | 85,83% |
| 2 | 07:48,8 | 00:15,5 | 03:49,2 | 61 | BOURGES AC 01 | SATURNIN Baptiste | | 82,99% |
| 3 | 07:55,1 | 00:21,9 | 03:50,1 | 66 | SAINT NAZAIRE OS 2 | QUEMENER Hugo | | 81,88% |
| 4 | 08:02,6 | 00:29,4 | 03:56,7 | 67 | MEAUX CN 1 | LAMOTTE-PAULET Pablo | | 80,60% |
| 5 | 08:24,9 | 00:51,7 | 04:11,3 | 60 | FONTAINEBLEAU-AVON AN 1 | MAISON - JOLY Antoine | | 77,04% |
| 6 | 11:44,9 | 04:11,7 | 07:11,0 | 103 | CAEN CALVADOS SN 2 | VARIN Hugo | | 55,19% |
| COURSE : HJ1X DF2 | | | | | | | | |
| 1 | 07:45,1 | | 03:47,3 | 49 | RENNES SR 1 | QUIQUERET Bastien | | 83,64% |
| 2 | 07:52,2 | 00:07,1 | 03:53,8 | 55 | CAEN CALVADOS SN 1 | JUGE Raphael | | 82,38% |
| 3 | 07:58,7 | 00:13,6 | 03:52,6 | 79 | SAINT NAZAIRE OS | BOISBINEUF-PARRINGTON Sam | | 81,27% |
| 4 | 08:08,6 | 00:23,5 | 04:04,0 | 70 | ANGERS NA 2 | TRESTARD Remi | | 79,62% |
| 5 | 08:30,7 | 00:45,6 | 04:07,6 | 56 | PERREUX SN 1 | NOUZA Francois | | 76,17% |
| 6 | 09:14,1 | 01:29,0 | 03:58,2 | 92 | ROUEN CNA 1 | BONAMY Nicolas | | 70,21% |

| Cl. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|--------------------|---------|---------|---------|------|--------------------------------|--------------------------|---------------------|--------|
| COURSE : FS2- DF1 | | | | | | | | |
| 1 | 08:08,7 | | 04:02,5 | 257 | MELUN CN 1 | ODUL-BOUDEILLE Emmelieke | BERNARD Caroline | 83,90% |
| 2 | 08:09,8 | 00:01,2 | 04:01,6 | 258 | NANTES CA / BOULOGNE BILLANCOU | TAVERNIER Marie | GIRAUD Lucie | 83,71% |
| 3 | 08:12,6 | 00:03,9 | 04:03,7 | 259 | NANTES CA | ADAM Celine | DION Auriane | 83,24% |
| 4 | 08:30,7 | 00:22,0 | 04:13,5 | 248 | ANGERS NA 2 | POIRIER Octavie | GAIGNARD Celine | 80,29% |
| 5 | 08:48,6 | 00:39,9 | 04:22,8 | 247 | BOULOGNE BILLANCOURT ACBB 3 | MUSY Solene | LAMADON Delphine | 77,57% |
| 6 | 08:54,5 | 00:45,9 | 04:21,1 | 254 | PORT-MARLY RC | HERVOUET Solene | JONCOUR Violette | 76,70% |
| COURSE : FS2- DF2 | | | | | | | | |
| 1 | 08:09,3 | | 03:58,9 | 251 | LE HAVRE SHA | LAUWICK Adele | SCHEPERS Maylis | 83,80% |
| 2 | 08:16,8 | 00:07,5 | 04:04,2 | 245 | BOULOGNE BILLANCOURT ACBB 1 | GABALI Oriane | FAU Laura | 82,54% |
| 3 | 08:21,2 | 00:11,9 | 04:08,2 | 246 | CAEN CALVADOS SN 1 | COLIN Caroline | LORY Marie | 81,80% |
| 4 | 08:26,1 | 00:16,8 | 04:12,6 | 253 | ANGERS NA 1 | BAHAIN Laura | BLANCHARD Anaëlle | 81,01% |
| 5 | 08:46,3 | 00:37,0 | 04:22,2 | 252 | BOULOGNE BILLANCOURT ACBB 2 | TALAMONA Valerie | GIRALDI Caroline | 77,91% |
| 6 | 08:46,6 | 00:37,4 | 04:17,9 | 250 | ROUEN CNA | VERGNE Alexandra | DOSSIER Amelie | 77,85% |
| COURSE : HLS2- DF1 | | | | | | | | |
| 1 | 07:15,4 | | 03:32,1 | 269 | NANTES CA 2 | BASSET Jeremy | EPAIN Luke | 85,66% |
| 2 | 07:24,4 | 00:08,9 | 03:39,7 | 262 | JOINVILLE AMJ | CHAPRON Mathieu | BIRONNEAU Nicolas | 83,94% |
| 3 | 07:26,4 | 00:11,0 | 03:40,8 | 266 | CHAMPIGNY SUR MARNE RS | BENELHOCINE Xavier | ARCIDIACONO Nicolas | 83,55% |
| 4 | 07:26,9 | 00:11,5 | 03:38,8 | 268 | CERGY PONTOISE SNO | DELAHAYE Pierre | COUDERC Cedric | 83,46% |
| 5 | 07:37,4 | 00:22,0 | 03:43,2 | 261 | FRANCE CN | ESPEROU Bertrand | CASCARRE Thomas | 81,55% |
| 6 | 07:53,9 | 00:38,5 | 03:53,8 | 267 | MONTARGIS AC 1 | NIGON Teddy | BANSE Cyril | 78,70% |
| COURSE : HLS2- DF2 | | | | | | | | |
| 1 | 07:09,9 | | 03:31,5 | 263 | NANTES CA 1 | JAUNET Alexandre | FAUCHEUX Vincent | 86,76% |
| 2 | 07:16,8 | 00:06,9 | 03:35,3 | 270 | ROUEN CNA | ROBIN Benoit | JEGOUSSE Antoine | 85,39% |
| 3 | 07:25,8 | 00:15,9 | 03:42,4 | 264 | NANTES CA 3 | CASANOVA Jacquesandre | VINCE Romain | 83,67% |
| 4 | 07:32,3 | 00:22,4 | 03:38,7 | 271 | PERREUX SN / ENCOURAGEMENT - S | BONARDET Mickael | MOUTERDE Timothee | 82,47% |
| 5 | 07:38,1 | 00:28,2 | 03:43,2 | 265 | BOULOGNE BILLANCOURT ACBB 1 | ROISIN Pierre | TELLIER Maxence | 81,42% |
| 6 | 08:03,0 | 00:53,1 | 03:57,0 | 272 | MEULAN LES MUREAUX AV 1 | ETIENNE Christophe | PRABONNAUD Thomas | 77,22% |

| Clt. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|----------------------|---------|---------|---------|------|--------------------------------|-------------------------|-------------------------|--------|
| COURSE : HS2- DF1 | | | | | | | | |
| 1 | 07:08,5 | | 03:29,7 | 281 | BOULOGNE BILLANCOURT ACBB / FR | BOUGON Paul | MOUSNIER Cedric | 85,18% |
| 2 | 07:15,7 | 00:07,2 | 03:31,4 | 283 | LAGNY SN 1 | BOURENNANE Ismael | DUPETY Hugo | 83,78% |
| 3 | 07:20,1 | 00:11,6 | 03:39,1 | 276 | PORT-MARLY RC | FOUCAULT Laurent | ZLATANOV Yves | 82,94% |
| 4 | 07:22,6 | 00:14,1 | 03:37,6 | 295 | CERGY PONTOISE SNO | GRAIS Vincent | CRESSON Julien | 82,47% |
| 5 | 07:37,2 | 00:28,7 | 03:42,7 | 294 | ROUEN CNA | MILLOT Matthieu | BOUILLANT Jean-Baptiste | 79,83% |
| 6 | 07:43,0 | 00:34,5 | 03:46,7 | 277 | FRANCE CN 3 | HOURIEZ Antoine | MESNARD Stephane | 78,84% |
| COURSE : HS2- DF2 | | | | | | | | |
| 1 | 07:12,9 | | 03:32,3 | 287 | NANTES CA 1 | KAMA Luc-Mael | LE NEPVOU Mathieu | 84,32% |
| 2 | 07:15,8 | 00:03,0 | 03:34,5 | 288 | JOINVILLE AMJ 1 | DESLAVIERE Yvan | COLSON Valentin | 83,74% |
| 3 | 07:16,4 | 00:03,5 | 03:37,4 | 280 | FRANCE CN 1 | ALARDET Gabriel | DIONIS Alexandre | 83,64% |
| 4 | 07:17,6 | 00:04,7 | 03:36,6 | 275 | GRENOBLE AV / ENCOURAGEMENT - | LAGOUGE Antoine | FADIÉ Thomas | 83,41% |
| 5 | 07:18,6 | 00:05,7 | 03:35,5 | 274 | BOULOGNE BILLANCOURT ACBB 1 | MASSE Martin | COLLET Benjamin | 83,22% |
| 6 | 07:29,8 | 00:16,9 | 03:40,7 | 282 | FRANCE CN 2 | JASINSKI Alexandre | POZZO DI BORGO Thomas | 81,14% |
| COURSE : FSPL 1X DF1 | | | | | | | | |
| 1 | 08:33,9 | | 04:13,4 | 298 | CAEN CALVADOS SN 1 | LECLERC Camille | | 84,65% |
| 2 | 08:47,6 | 00:13,8 | 04:18,7 | 305 | MELUN CN 2 | CAILLEBOTTE Charlotte | | 82,45% |
| 3 | 08:52,0 | 00:18,1 | 04:23,3 | 311 | BASSE SEINE SN 1 | MARCADELLA Athenais | | 81,77% |
| 4 | 09:08,0 | 00:34,1 | 04:27,2 | 308 | NANTES CA | LANZARONE Claire | | 79,39% |
| 5 | 09:09,5 | 00:35,6 | 04:30,1 | 299 | CAEN CALVADOS SN 3 | VIRAY Gaelle | | 79,17% |
| 6 | 09:10,3 | 00:36,4 | 04:33,5 | 313 | ROWING CLUB SRP 1 | VIERA BOCCARDO Jennifer | | 79,05% |
| COURSE : FSPL 1X DF2 | | | | | | | | |
| 1 | 08:36,9 | | 04:13,6 | 304 | CAEN CALVADOS SN 2 | PICHON Agathe | | 84,16% |
| 2 | 08:42,5 | 00:05,6 | 04:17,3 | 310 | MELUN CN 1 | PARODI Lea | | 83,26% |
| 3 | 08:55,1 | 00:18,3 | 04:25,3 | 309 | GOUET AC | MAHE Morgane | | 81,29% |
| 4 | 09:02,8 | 00:25,9 | 04:26,7 | 302 | ANGERS NA 1 | MAHIEU Clemence | | 80,14% |
| 5 | 09:07,1 | 00:30,2 | 04:27,6 | 303 | DRAVEIL HTE SEINE | BENETEAU Cyrielle | | 79,51% |
| 6 | 09:23,0 | 00:46,1 | 04:38,1 | 297 | LE MANS SA 1 | JULIENNE Chloe | | 77,27% |

| Clt. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|----------------------|---------|---------|---------|------|-----------------------------|---------------------|----|--------|
| COURSE : HSPL 1X DF1 | | | | | | | | |
| 1 | 07:41,6 | | 03:50,0 | 327 | LE MANS SA 1 | DAVID Benjamin | | 86,01% |
| 2 | 07:41,9 | 00:00,3 | 03:49,1 | 332 | ROUEN CNA | NOVICZKY Thomas | | 85,95% |
| 3 | 07:42,2 | 00:00,7 | 03:46,7 | 341 | ANGERS NA 1 | SIZUN Martin | | 85,89% |
| 4 | 07:42,6 | 00:01,0 | 03:52,1 | 323 | ROWING CLUB SRP 1 | JAZEDE Nicolas | | 85,82% |
| 5 | 07:50,7 | 00:09,1 | 03:53,3 | 315 | JOINVILLE AMJ | MARCHAND Herve | | 84,35% |
| 6 | 07:52,6 | 00:11,0 | 03:50,9 | 317 | ARGENTEUIL COMA 1 | LEVASSEUR Vincent | | 84,01% |
| COURSE : HSPL 1X DF2 | | | | | | | | |
| 1 | 07:44,4 | | 03:48,8 | 316 | BOULOGNE BILLANCOURT ACBB 1 | TEROIN Francois | | 85,48% |
| 2 | 07:45,6 | 00:01,2 | 03:50,1 | 322 | PERREUX SN | HADDAD Mathieu | | 85,27% |
| 3 | 07:48,0 | 00:03,5 | 03:52,3 | 328 | VERSAILLES CN | ROY Corentin | | 84,84% |
| 4 | 07:53,5 | 00:09,1 | 03:54,4 | 336 | CAEN CALVADOS SN 1 | MORVAN Donatien | | 83,84% |
| 5 | 08:05,4 | 00:20,9 | 03:53,5 | 334 | RENNES SR | RENARD Guillaume | | 81,79% |
| 6 | 08:07,5 | 00:23,0 | 03:58,5 | 335 | CORBEIL ASCE 91 2 | CAHEREC Hugo | | 81,44% |
| COURSE : FS1X DF1 | | | | | | | | |
| 1 | 08:23,2 | | 04:04,4 | 346 | ENCOURAGEMENT - SESN 2 | MAYNE Alice | | 84,07% |
| 2 | 08:28,7 | 00:05,6 | 04:10,7 | 355 | BOULOGNE BILLANCOURT ACBB 2 | POUMAILLOUX Chloe | | 83,15% |
| 3 | 08:34,8 | 00:11,6 | 04:12,0 | 351 | BOULOGNE BILLANCOURT ACBB 1 | VOIRIN Julie | | 82,17% |
| 4 | 09:09,8 | 00:46,7 | 04:30,2 | 353 | JOINVILLE AMJ 2 | CALVETE TOME Joana | | 76,93% |
| 5 | 09:23,7 | 01:00,5 | 04:31,8 | 354 | ROWING CLUB SRP 1 | PONCE DE LEON Marie | | 75,04% |
| 6 | 09:28,8 | 01:05,6 | 04:35,2 | 347 | CAEN CALVADOS SN 1 | GERBRON Chloe | | 74,37% |
| COURSE : FS1X DF2 | | | | | | | | |
| 1 | 08:34,2 | | 04:11,6 | 352 | NANTES CA 3 | MALABOEUF Charlene | | 82,26% |
| 2 | 08:35,4 | 00:01,2 | 04:13,7 | 356 | BASSE SEINE SN 1 | BILLET Justine | | 82,07% |
| 3 | 08:58,8 | 00:24,6 | 04:23,3 | 348 | NANTES CA 2 | LANGLET Valentine | | 78,50% |
| 4 | 09:11,5 | 00:37,2 | 04:28,2 | 357 | JOINVILLE AMJ 1 | RANVIER Virginie | | 76,71% |
| 5 | 09:17,8 | 00:43,6 | 04:36,6 | 344 | ENCOURAGEMENT - SESN 3 | BARNOLE Laurene | | 75,83% |
| 6 | 09:24,5 | 00:50,3 | 04:38,3 | 345 | NANTES CA | PICARD Marie | | 74,93% |

| Cl. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|-------------------|---------|---------|---------|------|-------------------------|---------------------------|----------------------|--------|
| COURSE : HS1X DF1 | | | | | | | | |
| 1 | 07:31,2 | | 03:38,7 | 123 | NANTES CA 1 | MARTEAU Mickael | | 86,21% |
| 2 | 07:33,2 | 00:02,0 | 03:40,8 | 135 | FRANCE CN 1 | CORMERAIS Alberic | | 85,83% |
| 3 | 07:45,0 | 00:13,7 | 03:44,5 | 141 | ANGERS NA 5 | THALGOTT Jeremy | | 83,66% |
| 4 | 07:52,8 | 00:21,6 | 03:49,2 | 500 | ARGENTEUIL COMA 1 | DI GIROLAMO Remi | | 82,28% |
| 5 | 07:53,2 | 00:22,0 | 03:50,5 | 136 | CAEN CALVADOS SN 1 | THOMAS Romuald | | 82,20% |
| 6 | 08:05,2 | 00:34,0 | 03:56,9 | 142 | ENCOURAGEMENT - SESN 2 | LACHAMBRE Leo | | 80,17% |
| COURSE : HS1X DF2 | | | | | | | | |
| 1 | 07:33,2 | | 03:37,1 | 117 | DIEPPE CN 1 | MACQUET Jean-Baptiste | | 85,83% |
| 2 | 07:37,1 | 00:03,9 | 03:40,2 | 147 | DIEPPE CN 2 | PELTIER Pierre-Jean | | 85,11% |
| 3 | 07:41,3 | 00:08,1 | 03:41,1 | 129 | ENCOURAGEMENT - SESN | DELACHAUME Romain | | 84,33% |
| 4 | 08:05,8 | 00:32,5 | 03:53,7 | 131 | ANGERS NA 3 | BUCHER Francois Xavier | | 80,08% |
| 5 | 08:19,3 | 00:46,1 | 03:56,5 | 122 | CAEN CALVADOS SN 2 | HINKATI Privel | | 77,91% |
| 6 | 08:28,5 | 00:55,3 | 04:01,5 | 116 | FONTAINEBLEAU-AVON AN 1 | CRETIENT Romain | | 76,50% |
| COURSE : FJ2- FC | | | | | | | | |
| 1 | 08:57,6 | | 04:22,8 | 171 | MEAUX CN 1 | VANHELLEPUTTE Solene | CATEL Claire | 76,27% |
| 2 | 09:06,3 | 00:08,7 | 04:29,2 | 158 | VERSAILLES CN | JOUIN Berengere | LEGO Judith | 75,05% |
| 3 | 09:14,0 | 00:16,5 | 04:32,0 | 175 | TOURS AC | FAYE Gabrielle | PONTONNIER Lucie | 74,00% |
| 4 | 09:16,4 | 00:18,8 | 04:38,2 | 170 | MAISONS MESNIL CERAMM 2 | CATHALA SARFATI Gabrielle | ELEFTERIOU Aline | 73,69% |
| 5 | 09:18,2 | 00:20,6 | 04:33,9 | 164 | MELUN CN 2 | AMIOT Romane | AUBLET Marine | 73,45% |
| 6 | 09:26,6 | 00:29,0 | 04:55,8 | 169 | RENNES SR | DEHOUCK Lucile | GUERILLON Anne Laure | 72,36% |
| COURSE : HJ2- FC | | | | | | | | |
| 1 | 07:58,4 | | 03:55,2 | 197 | TOURS AC | VEAUVY Corentin | MANCINI Marc | 76,30% |
| 2 | 07:59,5 | 00:01,1 | 03:57,1 | 179 | GOUET AC | LOUZON Alexandre | MEHEUT Ewen | 76,12% |
| 3 | 08:00,0 | 00:01,6 | 03:58,2 | 189 | MELUN CN 1 | BOUMBAR Idir | CASALA Louis | 76,04% |
| 4 | 08:05,2 | 00:06,8 | 03:59,4 | 199 | NANTES CA 3 | HAURAY-THIERRY Adrien | BONNET Hugo | 75,23% |
| 5 | 08:15,1 | 00:16,8 | 04:04,0 | 193 | CHOLET AS 1 | PILLOT Mathias | CHAMPENOIS Antoine | 73,72% |
| 6 | 08:25,5 | 00:27,1 | 04:09,9 | 192 | CAEN CALVADOS SN 1 | GOUJOU Nils | DUCOULOMBIER Florian | 72,21% |
| COURSE : HJ2- FD | | | | | | | | |
| 1 | 08:02,0 | | | 186 | NANTES CA 4 | LECHAT Josselin | DOUET Francois | 75,72% |
| 2 | 08:03,2 | 00:01,2 | | 187 | CERGY PONTOISE SNO 2 | DESCAMPS Nicolas | MEUROT-TOCNY Clement | 75,53% |
| 3 | 08:04,5 | 00:02,5 | | 201 | LAVAL CN AVIRON 2 | ROCHER Paul | HUBERT Pierre | 75,34% |
| 4 | 08:09,5 | 00:07,4 | | 198 | MELUN CN 2 | ROLLIN Malo | LETEINTURIER Jean | 74,57% |
| 5 | 08:11,0 | 00:09,0 | | 209 | BASSE SEINE SN 1 | BOUCHY Dorian | QUENNEVILLE Florian | 74,34% |
| 6 | 08:15,6 | 00:13,5 | | 200 | MANTES AS | DJIAN Maxime | TERRIBOUT Norman | 73,65% |

| Clt. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|--------------------|---------|---------|---------|------|-----------------------------|--------------------------|-------------------|--------|
| COURSE : HJ1X FC | | | | | | | | |
| 1 | 08:15,2 | | 04:03,7 | 78 | BLOIS AV | BORDIER Guillaume | | 78,56% |
| 2 | 08:22,5 | 00:07,3 | 04:08,2 | 73 | JOINVILLE AMJ | MADEIRA Maxime | | 77,42% |
| 3 | 08:24,6 | 00:09,5 | 04:11,0 | 68 | PLOUGUERNEAU CA 1 | LUKES Pierre | | 77,09% |
| 4 | 08:25,0 | 00:09,9 | 04:12,6 | 63 | LE MANS SA 2 | LE BOZEC Henri | | 77,03% |
| 5 | 08:27,0 | 00:11,8 | 04:06,6 | 51 | NANTES CA 3 | WATHIER Pierre | | 76,73% |
| 6 | 08:29,6 | 00:14,4 | 07:56,4 | 75 | ENCOURAGEMENT - SESN 2 | YANOVER Gaspar | | 76,33% |
| COURSE : HJ1X FD | | | | | | | | |
| 1 | 08:21,5 | | 04:06,5 | 104 | ENCOURAGEMENT - SESN | MEAUTTE John | | 77,57% |
| 2 | 08:25,9 | 00:04,4 | 04:09,2 | 109 | SAINTE-MAUR SAC | DUVIVIER David | | 76,89% |
| 3 | 08:33,0 | 00:11,5 | 04:07,8 | 97 | MEULAN LES MUREAUX AV 1 | LABORDE Valentin | | 75,82% |
| 4 | 08:37,0 | 00:15,5 | 04:22,2 | 86 | LAGNY SN 1 | WALLEZ Guillaume | | 75,24% |
| 5 | 08:37,4 | 00:15,9 | 04:16,9 | 74 | BOURGES AC 02 | TWARDOWSKI Luc | | 75,18% |
| COURSE : FS2- FC | | | | | | | | |
| 1 | 08:55,9 | | 2 | 256 | JOINVILLE AMJ 1 | TOLLARD Anne | TOLLARD Virginie | 76,51% |
| 2 | 08:59,9 | 00:04,0 | 1 | 243 | MELUN CN 2 | VAREILLE Laureline | PELLIER Manon | 75,94% |
| 3 | 09:07,6 | 00:11,8 | 3 | 255 | ENCOURAGEMENT - SESN | BAUD Camille | JOURNES Alice | 74,87% |
| 4 | 09:10,1 | 00:14,2 | 5 | 260 | ENCOURAGEMENT - SESN 2 | KHOSRAVI Anouchka | JEANNEAU Juliette | 74,53% |
| 5 | 09:10,4 | 00:14,5 | 4 | 244 | CORBEIL ASCE 91 1 | DENOYETTE Claire | BERNES Mylene | 74,50% |
| 6 | 10:00,1 | 01:04,3 | 6 | 249 | MONTARGIS AC 1 | CARPENTIER Camille | BIGAN Natacha | 68,32% |
| COURSE : HS2- FC | | | | | | | | |
| 1 | 07:39,9 | | 3 | 289 | ENCOURAGEMENT - SESN 2 | VILLAUMIE Pierre-Nicolas | MARQUAIRE Loic | 79,36% |
| 2 | 07:41,7 | 00:01,7 | 2 | 284 | FRANCE CN 4 | KERMANI Joseph | DARTHES Noe | 79,06% |
| 3 | 07:45,6 | 00:05,7 | 1 | 292 | NANTES CA 2 | JAFFREDO Kevin | VERVUEREN Elie | 78,39% |
| 4 | 07:47,2 | 00:07,2 | 5 | 286 | ENCOURAGEMENT - SESN 1 | PENSEC Arnaud | LE SAUX Olivier | 78,13% |
| 5 | 07:51,1 | 00:11,1 | 4 | 278 | JOINVILLE AMJ 3 | PION Yoann | LIMOUSIN Dimitri | 77,49% |
| COURSE : HS2- FD | | | | | | | | |
| 1 | 07:53,5 | | 1 | 279 | BELBEUF CN 1 | LARCHEVEQUE Tristan | MAISSE Daniel | 77,09% |
| 2 | 07:59,3 | 00:05,9 | 2 | 285 | JOINVILLE AMJ 2 | DEVILLARD Thibault | ROFFE Ariel | 76,15% |
| 3 | 08:09,9 | 00:16,4 | 3 | 291 | BOULOGNE BILLANCOURT ACBB 2 | VANNIER Luc | CALA Christopher | 74,50% |
| COURSE : FSPL1X FC | | | | | | | | |
| 1 | 09:24,8 | | 1 | 306 | NANTES UNIVERSITE | VERNAY Solènn | | 77,02% |
| 2 | 09:26,0 | 00:01,2 | 3 | 307 | BASSE SEINE SN 2 | RICE Priscilla | | 76,86% |
| 3 | 09:30,9 | 00:06,1 | 2 | 300 | NANTES CLL AV | CHATELAIN Amelie | | 76,19% |
| 4 | 09:32,7 | 00:07,8 | 4 | 312 | NANTES UNIVERSITE 2 | ROBIN Pauline | | 75,96% |
| 5 | 09:42,1 | 00:17,3 | 5 | 296 | PARIS US METRO | GERARDIN Cecile | | 74,73% |

| Cl. | Temps | Ecart | 1000m | Dos. | Club | R1 | R2 | % |
|--------------------|---------|---------|---------|------|-----------------------------|--------------------------|----|--------|
| COURSE : HSPL1X FC | | | | | | | | |
| 1 | 07:56,3 | | 03:52,4 | 333 | ANDRESY CA CONFLUENT 2 | DE CAGNY Vincent | | 83,35% |
| 2 | 07:56,9 | 00:00,6 | 03:52,4 | 342 | ANDRESY CA CONFLUENT 1 | OLLIVIER-LAMARQUE Pierre | | 83,24% |
| 3 | 08:08,4 | 00:12,1 | 03:57,9 | 319 | NANTES UNIVERSITE | ROUSSEAU Benjamin | | 81,29% |
| 4 | 08:11,1 | 00:14,8 | 04:00,6 | 343 | NANTES CA 1 | MEVEL Antoine | | 80,84% |
| 5 | 08:12,2 | 00:15,9 | 04:02,2 | 321 | CORBEIL ASCE 91 1 | LE GAC Yoann | | 80,66% |
| COURSE : HSPL1X FD | | | | | | | | |
| 1 | 07:59,2 | | 1 | 339 | MEULAN LES MUREAUX AV 1 | RICHOU Alexis | | 82,84% |
| 2 | 08:05,9 | 00:06,6 | 4 | 326 | BOULOGNE BILLANCOURT ACBB 3 | BEURET Romain | | 81,71% |
| 3 | 08:08,9 | 00:09,7 | 2 | 340 | MEAUX CN 1 | MAURY Francois | | 81,20% |
| 4 | 08:15,1 | 00:15,9 | 3 | 181 | DRAVEIL HTE SEINE 1 | ALLAIN Stephane | | 80,18% |
| 5 | 08:33,4 | 00:34,1 | 1 | 324 | DRAVEIL HTE SEINE 2 | DEBORD David | | 77,33% |
| COURSE : FS1X FC | | | | | | | | |
| 1 | 09:31,8 | | 04:37,7 | 349 | LE MANS SA 1 | DEROUET Audrey | | 73,97% |
| 2 | 09:52,6 | 00:20,8 | 04:47,9 | 350 | ARGENTEUIL COMA 1 | PIOT Marianne | | 71,38% |
| COURSE : HS1X FC | | | | | | | | |
| 1 | 08:02,3 | | 03:53,7 | 148 | ENGHIEN SN 1 | MAGNIER Valentin | | 80,65% |
| 2 | 08:06,5 | 00:04,1 | 03:58,0 | 128 | FRANCE CN 2 | CLEMENT Felix | | 79,97% |
| 3 | 08:09,8 | 00:07,4 | 03:59,3 | 156 | FONTAINEBLEAU-AVON AN 2 | CAMMAS Jeanchristophe | | 79,43% |
| 4 | 08:10,8 | 00:08,5 | 03:57,2 | 127 | ANGERS NA 1 | AIRAUD Christophe | | 79,25% |
| 5 | 08:17,0 | 00:14,6 | 04:03,2 | 124 | NANTES CA 3 | L'ALEXANDRE Charles | | 78,27% |
| 6 | 08:19,2 | 00:16,9 | 04:04,9 | 149 | FRANCE CN 3 | MOUCHET Sebastien | | 77,93% |
| COURSE : HS1X FD | | | | | | | | |
| 1 | 08:07,7 | | 03:56,9 | 155 | NANTES CA 2 | SAUTEREAU Matthieu | | 79,77% |
| 2 | 08:11,7 | 00:04,0 | 03:59,7 | 152 | VANNES CA 1 | LE BAQUER Anthony | | 79,11% |
| 3 | 08:16,8 | 00:09,1 | 04:04,3 | 140 | MELUN CN 1 | RACHEZ Damien | | 78,30% |
| 4 | 08:22,5 | 00:14,8 | 04:02,3 | 150 | ROWING CLUB SRP 1 | DESBOIS Gaetan | | 77,42% |
| 5 | 08:31,2 | 00:23,5 | 04:11,2 | 143 | CAEN CALVADOS SN 3 | BRUNET Jeremy | | 76,10% |
| 6 | 08:42,2 | 00:34,6 | 04:18,7 | 144 | ARGENTEUIL COMA 3 | GIRARDOT Guillaume | | 74,49% |